

Sacred Heart School Policies for Management of Illness and Return to School

The guidelines referenced in this plan are based on guidance from the Centers for Disease Control and Prevention (CDC), the Arkansas Department of Health (ADH), and Governor Hutchinson

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For COVID-19, a close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated. Jul 22, 2020 www.cdc.gov › coronavirus › 2019-ncov

Example: A person is considered a close contact if they have been within 6 feet of the patient for at least 15 minutes. If a person is thought to be a close contact, then a contact tracer will give them a call. If the exposure wasn't within 6 feet, if it didn't last 15 minutes or more, or if it occurred before the infectious period, that person would not be considered a close contact and will not receive a phone call from a contact tracer.

Management of Confirmed COVID-19 Case for Student

1. If student is currently on campus, isolate him/her as quickly as possible until they can be picked up. Be sure that the person assisting the student is wearing the appropriate PPE (face mask and gloves).
2. Call the AR Dept. of Health Hotline Mon.-Fri., 8 a.m.-4:30 p.m. They will give directives of cleaning and possible closing of rooms, gyms, or even the entire school based on the individual circumstance and determined level of response. AR Dept. of Health will also do the tracing by the information that you give them.
3. Be prepared to provide ADH with a summary of student activities
 - probable list (and/or number) of close contacts at the school– those individuals who were within 6 feet of the student for 15 or more minutes for 24 hours
4. Call the Catholic Schools Office to inform them. If after hours, call Theresa, Ileana, or Marguerite.
5. **You must maintain confidentiality of the student.**
6. Contact the parents of the small group that the child is most closely associated preferably by phone without giving the name of the student.
7. Send out a letter to your school families informing them of the positive case without giving the name of the student.
8. Follow the recommendations of the AR Health Dept. and CDC for cleaning.

Management of Confirmed COVID-19 Case for Staff Member

1. If staff member is currently on campus, have them leave immediately.
2. Call the AR Dept. of Health Hotline Mon.-Fri., 8 a.m.-4:30 p.m. They will give directives of cleaning and possible closing of rooms, gyms, or even the entire school based on the individual circumstance.
3. Be prepared to provide ADH with a summary of staff activities
 - probable list (and/or number) of close contacts at the school– those individuals who were within 6 feet of the student for 15 or more cumulative minutes for 24 hours
4. Call the Catholic Schools Office to inform them. If after hours, call Theresa, Ileana, or Marguerite.
5. **You must maintain confidentiality of the staff member.**
6. Send out a letter to your school families informing them of the positive case without giving the name of the staff member.
7. Follow the directives of the AR Health Dept. and CDC for cleaning.

Presumed Positive (Notification of Someone Being Tested)

*Follow ADH Guidance with test outcome

Close contact is defined as face to face, within 6 feet, of continuous contact for 15 or more minutes; starting from 2 days before symptoms occurred.

1. If student/staff are a close contact – 14-day quarantine whether test is positive or negative
 - If no symptoms, may return to school/work after 14 days
2. If signs and symptoms are present but no close contact identified
 - Negative Test – May return to work or school when free of fever and symptoms for at least 48 hours without the use of fever-reducing meds
 - Positive Test – Follow instruction for Confirmed COVID-19 Case
3. If no signs and symptoms and no close contact
 - Negative Test – May return to work or school immediately
 - Positive Test- Follow instruction for Confirmed COVID-19 Case

Returning from Travel

1. Follow ADH/CDC updated guidelines – there are currently no restrictions on domestic or international travel

Management of Illness Symptoms Without Reason

Students/Staff may return to school when they are free of fever and other symptoms (not related to a chronic condition) for at least 48 hours without the use of fever-reducing meds

Return to School Guidance for a Confirmed Positive Covid-19 Case

If Symptomatic, Student/Staff Member must provide a doctor’s release as well as achieve 1 **or** 2 before returning to school:

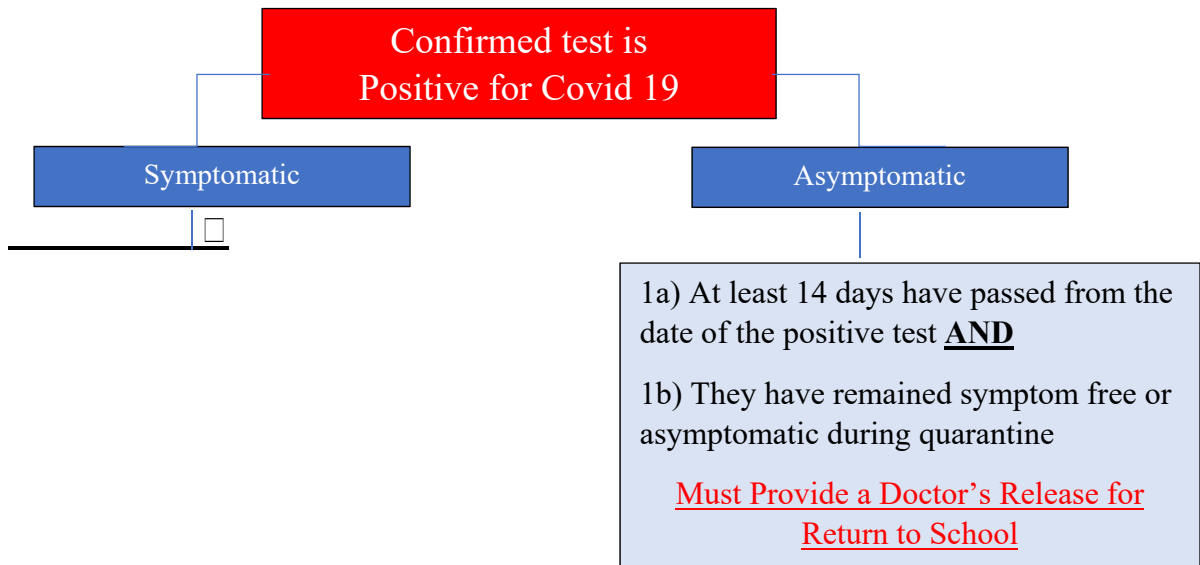
1. Receive a negative PCR test **AND** be free of fever and other symptoms for at least 72 hours without the use of fever-reducing or other symptom altering medications

OR

2. Be free of fever and other symptoms for at least 72 hours without the use of fever -reducing or other symptom altering medications **AND** at least 14 days have passed since symptoms first appeared

If Asymptomatic, Student/Staff Member must provide a doctor’s release as well as achieve 1 **and** 2 before returning to school:

1. At least 14 days have passed from the date of the positive test **AND**
2. They have remained symptom free or asymptomatic during quarantine



OR

2a) Be free of fever and other symptoms for at least 72 hours without the use of fever -reducing or other symptom altering medications
AND

2b) at least 14 days have passed since symptoms first appeared

Must Provide a Doctor’s Release for Return to School

Return to School Guidance for Individuals With:

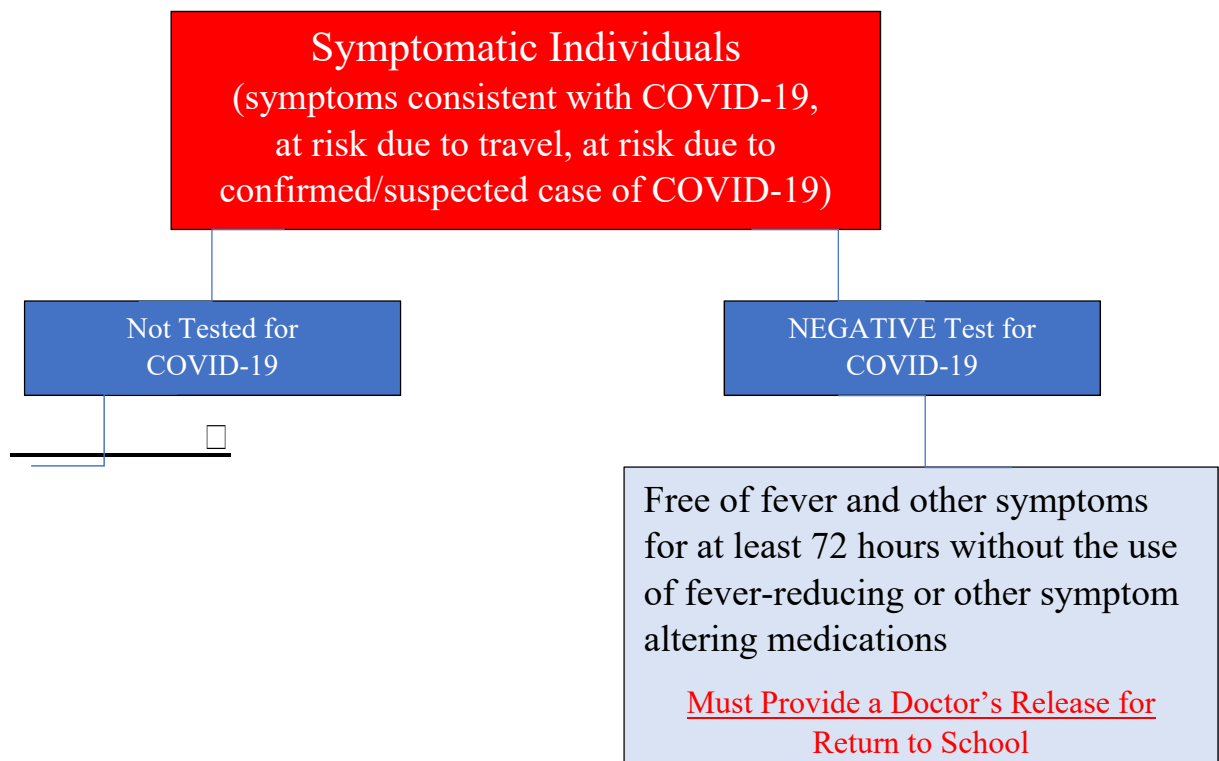
1. Symptoms consistent with COVID -19

2. At Risk exposure Due to Travel (If State of Arkansas directive is in place)

3. At Risk Exposure to Confirmed/Suspected Covid-19 Case

If NOT TESTED for COVID-19 the student/staff member must be free of fever and other symptoms for at least 72 hours without the use of fever-reducing or other symptom altering medications AND at least 14 days have passed since symptoms first appeared before returning to school.

If NEGATIVE Test for COVID-19 the student/staff member must be free of fever and other symptoms for at least 72 hours without the use of fever-reducing or other symptom altering medications before returning to school. A return to school release as proof of negative test is required.



Return to School Guidance Confirmed Influenza Case for Student/Staff

1. Factors that might indicate a person is more likely ill with Influenza (as opposed to COVID 19):
 - If the community has high season influenza and low COVID transmissions
 - The individual did not undertake the current seasonal flu vaccine
 - The individual had close contact with a confirmed flu case
 - The individual had negative COVID test or has recovered after a 14-day period
2. Positive Influenza Test – Must be free of fever and other symptoms for at least 48 hours without the use of fever-reducing meds AND at least 5 days have passed since the symptoms first appeared
3. Negative Test for Flu and COVID - Must be free of fever and other symptoms (not related to a chronic condition) for at least 48 hours without the use of fever-reducing meds


Confirmed test is
Positive for Influenza

Confirmed test is
Negative for
Influenza & COVID

Must be free of fever and other symptoms
(not related to a chronic condition) for at least
48 hours without the use of fever-reducing
meds

[Must Provide a Doctor's Release for Return to School](#)

Return to School Guidance for Student/Staff with Fever/Symptoms Without Diagnosis

Any student or staff sent home by approved Sacred Heart Personnel shall be provided the following information at the time of recommendation:

Your child's temperature was 100 degrees or above today. To protect the health and safety of our students and staff as well as reduce the risk of exposure to possible illness, your child will not be allowed in school today. Students/staff with elevated temperatures may return to school when they are free of fever for at least 48 hours without the use of fever-reducing medications.

If your child would like to participate with online learning during this time, he/she should login to their Google Classroom for instruction. If unable to participate at this time, please review our make-up work policy in the Student Handbook.

We hope you are feeling better very soon and look forward to seeing you back on campus in a few days.

Sacred Heart Administrative Staff

Your child is exhibiting symptoms affecting his/her learning ability today. To protect the health and safety of our students/staff and reduce the risk of exposure to possible illness, your child is being sent home today. Students/staff with elevated temperatures or symptoms may return to school when they are free of fever and other symptoms (not related to chronic conditions) for at least 48 hours and without the use of fever-reducing medications.

If your child would like to participate with online learning during this time, he/she should login to their Google Classroom for instruction. If unable to participate at this time, please review our make-up work policy in the Student Handbook.

We hope you are feeling better very soon and look forward to seeing you back on campus in a few days.

Sacred Heart Administrative Staff